Updated: 11/18/2024

## $D_{\text{iocese }Of\ M\text{iami \& the }SouthEast\ \underline{WINTER\ RETREAT}\ January\ 31-February\ 1,2025$

Hosted at St. Elias Orthodox Church, Atlanta, GA 2045 Ponce De Leon Avenue Northeast | Atlanta, GA 30307-1345

"Guarding the Heart: Orthodox Spirituality in a World of Distractions"

Proverbs 4:23 "Keep your heart with all watchfulness, for from these words are the issues of life."

C = Ch	C = Child Care Provided SCHEDULE OF EVENTS: R = R		affle Drawing			
TIME	EVENT		ROOM			
Friday, January 31						
	Breakfast at the Hotel (i					
8:00 am	Retreat Check-In (All Day)			Hall Entry		
9:00 am	Morning Prayers & Welcome			Church Nave		
9:30 am - 11:00 am C	Session One: Fr. Nathaniel Trembley <b>(FOR EVERYONE)</b> Exploring how the timeless truths of the Orthodox Church provide a solid foundation for navigating the complexities of modern, secular life in our homes, schools, and workplaces.			Church Hall		
11:15 am C	Break Out Sessions:       Clergy - Fr. Steven Ritter			Meeting Room: Conference Room Middle School Room Library Church Hall Church Nave		
12:15 pm	Lunch for all served by DOMSE Young Adult Fellowship			Church Hall		
1:15 pm - 2:45 pm C	Session Two: Fr. David Bleam Spiritual attentiveness amidst the overwhelming distractions of modern technology and media as it affects modern generations.			Church Hall		
3:00 pm C	Break Out Sessions:  Clergy – Fr. Steven Ritter			Meeting Room: Conference Room Middle School Room Library Church Hall Church Nave		
4:00 pm <b>C</b>	Antiochian Women Meeting (BISHOP NICHOLAS dropping by)		Church Hall			
4:00 pm <b>C</b>	Antiochian Men (Clergy Included) Meeting (BISHOP NICHOLAS dropping by)		Church Nave			
4:00 pm <b>C</b>	Young Adult Fellowship Meeting (BISHOP NICHOLAS dropping by)		Conference Room			
4:00 pm <b>C</b>	Teen SOYO Fellowship Meeting (BISHOP NICHOLAS dropping by)		Middle School Room			
4:45 pm	Fellowship Time for all: Coffee & Cookies served by Saint Elias		Church Hall			
5:15 pm	Vespers			Church Nave		
6:00 pm <b>R</b>	Dinner for all served by DOMSE Antiochian Women			Church Hall		
7:00 pm	Sayedna's address to the Diocese			Church Hall		
7:30 pm	DOMSE Jeopardy Game! – For everyone!			Church Hall		

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C = Child Care Provided		SCHEDULE OF EVENTS: $R = R_0$		ffle Drawing		
TIME	EVENT		ROOM			
Saturday, February 1						
9:30 am	Divine Liturgy		Church Nave			
	Retreat Picture (Immediately after Divine Liturgy)		Parking Lot			
11:00 am	Retreat Check-In			Church Hall		
11:00 am R	Brunch for all served by Saint Elias		Hall Entry			
12:00 pm <b>C</b>	Session Three: Fr. Nektarios Akkawi <b>(FOR EVERYONE)</b> The Orthodox teaching on vigilance and cultivating a life of focused prayer and silence.			Church Hall		
1:30 pm <b>C</b>	Organization Fellowshi SOYO – Onsite Activity YAM – Join AMEN & And Antiochian Women – O AMEN – Offsite: Billiard	tiochian Women's activity Insite Workshop				
4:00 pm	Fellowship Time for all with coffee and cookie break		Church Hall			
5:00 pm	Vespers		Church Nave			
6:00 pm	Dinner for all served by DOMSE Antiochian Men		Church Hall			
7:00 pm	YAM – Offsite Event (B	owling)		Offsite		

## Sunday, February 2

8:50 am	Matins	Church Nave
10:00 am	Hierarchical Divine Liturgy followed by lunch & fellowship hour for all	Church Nave Church Hall